



State of New Hampshire Coverage of Preventive Medications

Under the Affordable Care Act (ACA), commonly known as health care reform, certain preventive medications, including over-the-counter (OTC) medications, are covered without charging a copayment, coinsurance or deductible. The State of New Hampshire Prescription Benefit Program, in consultation with Express Scripts, Inc., has developed a list of medications and criteria (i.e., gender and age) to support preventive medication requirements based on the recommendations of the U.S. Preventive Services Task Force (USPSTF) and the Centers for Disease Control and Prevention (CDC) to be covered under the pharmacy benefit.

Your State of New Hampshire Prescription Benefit Program will provide medications in the drug categories listed below at no-cost share specific to age and gender requirements of the ACA for covered employees, retirees and their dependents. All medications will require a prescription, including over-the-counter medication.

Drug or Drug Category	Criteria
Aspirin (to prevent cardiovascular events) – Generic OTC 81mg and 325mg	Men ages 45 to 79 years and women ages 55 to 79 years
Fluoride – Generic OTC and prescription products	Children older than 6 months of age through 5 years old
Folic Acid – Generic OTC and prescription products 0.4 – 0.8 mg	Women through age 50 years
Iron Supplements – Generic OTC and prescriptions products	Children ages 6 months to 12 months who are at risk for iron deficiency anemia
Smoking Cessation – Generic prescriptions, generic OTC medications including patches and gum and Chantix.	Age limit 18 or older. Prior Authorization required for Wellbutrin and its generics, as these medications are not approved by the FDA for tobacco treatment.
Vitamin D – Generic OTC and prescription products	Men and Women ages 65 or older
Women's Preventive Services & contraception coverage 1) Barrier contraception – i.e. caps, diaphragms 2) Hormonal contraception (generic and select brands) - oral, transdermal, intravaginal, injectable 3) Emergency contraception 4) Implantable medications 5) Intrauterine contraception 6) OTC contraceptives (with a prescription)	Women through age 50
Bowel preparation for colonoscopy screening	Men and women ages 50 through 75 years. Generic and brand prescription and OTC preparations. Two prescriptions per year.

The government guidelines are updated periodically to reflect new scientific and medical advances, so this list may be subject to change.